

## *Rapaport-Klein Study Group*

www.psychomedia.it/rapaport-klein

c/o Nadine Desautels

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Dear *Rapaport-Klein Study Group* Members,

We are pleased to invite you to the 57<sup>th</sup> Annual Meeting of the *Rapaport-Klein Study Group* which will be held on **June 7-9, 2019**, at the *Austen Riggs Center* in Stockbridge, Massachusetts. We think you will be very pleased with this year's program. Below are our speakers' descriptions of their presentations and biographical statements.

### ***Friday night, June 7, 2019***

***8:00-10:00 pm:***

**Daniel Kahneman, "Memories of a summer with David Rapaport in 1960, and possible sequelae"**

I was a *protégé* of David Rapaport for a few years, and he brought me to the *Austen Riggs Center* for two months in the summer of 1960. I have a few vivid memories to share, and the lasting impression of studying the seventh chapter of *The Interpretation of Dreams* with Talmudic intensity in weekly meetings. Some years later I wrote a book on *Attention and Effort* (Englewood Cliffs, NJ: Prentice-Hall, 1973) and only noticed while writing the acknowledgments that my model was quite similar to the idea of a limited supply of cathexis. Many years later I found myself drawn to a two-system view of the mind, and to the crucial importance of the associative system. I will talk about those ideas, hoping to learn from you whether there were additional connections to what I had learned from David Rapaport.

*Daniel Kahneman, Ph.D., is Professor Emeritus of Psychology and Public Affairs at Princeton University. He is best known for his work with Amos Tversky on human judgment and decision making, for which he was awarded the Nobel Memorial Prize for Economic Sciences in 2002. Kahneman has studied several other topics, including attention, the memory of experiences, well-being, counterfactual thinking, and behavioral economics. He is the author of Thinking, Fast and Slow (New York: Farrar, Straus and Giroux, 2011). His honors include the Presidential Medal of Freedom (2013), the Distinguished Lifetime Career Contribution of the American Psychological Association, the Grawemeyer Award in Psychology (with Amos Tversky), the Thomas Schelling Award for Contributions to Policy, and honorary degrees from the Universities of Harvard, Cambridge, Yale, and Paris (I and IV), among others.*

*Saturday, June 8, 2019*

**9.00-10:15 am: Informal go-around**

Saturday morning will open with our traditional informal go-around to discuss members' current work and introduce guests. This will be followed by our two Saturday speakers.

**10:30 am-1:00 pm:**

**Bruce Wampold, "Is it the relationship or is it the treatment that makes psychotherapy work? The case for an integrated model"**

In this presentation, the evidence for the importance of relationship in healing practices, including psychotherapy, medicine, and placebos, will be reviewed. On the other hand, evidence for specific treatment protocols will be discussed as well. It will be shown that they are both critical to the success of healing practices and that relationship factors and treatment protocols need to be integrated to create optimal psychotherapy outcomes.

*Bruce E. Wampold, Ph.D., ABPP, is Director of the Research Institute at Modum Bad Psychiatric Center in Vikersund, Norway, Emeritus Professor of Counseling Psychology at the University of Wisconsin-Madison, and Chief Scientist, Theravue Inc., an electronic platform for therapist improvement. He is a Fellow of the American Psychological Association (Divisions 12, 17, 29, 45), is Board Certified in Counseling Psychology by the American Board of Professional Psychology, and is the recipient of the 2007 Distinguished Professional Contributions to Applied Research Award from the American Psychological Association and the 2015 Distinguished Research Career Award from the Society for Psychotherapy Research (SPR). He currently serves as President-Elect of the Society for Psychotherapy Research. Prof. Wampold is the author, with Zac E. Imel, of The Great Psychotherapy Debate: The Evidence for What Makes Psychotherapy Work (New York: Routledge, 2015), which presents an understanding of psychotherapy from empirical, historical, social, medical, and anthropological perspectives. His current work involves helping therapists become more effective through the deliberate practice of therapeutic skills that are used by effective therapists.*

*Saturday, June 8, 2019*

**2:30-5:00 pm:**

**Joseph Lichtenberg, "What I have learned from autism about normal adaptive development"**

Based on my new book *From Autism and Mutism to an Enlivened Self: A Case Narrative with Reflections on Early Development*, I will discuss a number of ways at looking at early development that have evolved for me. This builds on the earlier books *Enlivening the Self* and *Narrative and Meaning* (with Frank Lachmann and Jim Fosshage). In each we have reconsidered the first year of life. This talk will pick up on that discussion with a *focus* on seeking as a primary motivation, three pathways for development, holistic or linear experience, and an underlying affective tone.

*Joseph D. Lichtenberg, M.D., is a practicing psychoanalyst in Washington, D.C. He received his psychiatric training at Spring Grove State Hospital and the Sheppard and Enoch Pratt Hospital where he served as Clinical Coordinator. He has written articles about the psychoses, psychosomatic illnesses, literature and creativity, psychoanalytic theory, attachment theory and research, infant development, motivational systems and the technique of psychotherapy and psychoanalysis. In 1976, as an Adjunct Professor, he taught a course on Biographies written by psychoanalysts at the Humanities Institute of the*

Johns Hopkins University College of Arts and Sciences. *He is the chairman of an on-going workshop/seminar on creativity. He is Past President of the International Association for Psychoanalytic Self Psychology (IAPSP), a member of the Rapaport-Klein Study Group, and in the editorial board of Psychoanalytic Dialogues. He is the Editor-in-Chief of Psychoanalytic Inquiry and the Psychoanalytic Inquiry Book Series. He is a Founder and Director Emeritus of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) (Washington, D.C.). He is the co-editor of Reflections on Self Psychology (1983), Empathy I and Empathy II (1984), and Attachment and Sexuality (2007). He is the author of The Talking Cure (1985), Psychoanalysis and Infant Research (1983), Psychoanalysis and Motivation (1989), and with Frank Lachmann and James Fosshage Self and Motivational Systems: Toward a Theory of Psychoanalytic Technique (1992), The Clinical Exchange: Techniques Derived From Self and Motivational Systems (1996), A Spirit of Inquiry: Communication in Psychoanalysis (2002), Psychoanalysis and Motivational Systems: A New Look (2010), Enlivening the Self: The First Year, Clinical Enrichment, and The Wandering Mind (2016), and Narrative and Meaning: The Foundation of Mind, Creativity, and the Psychoanalytic Dialogue (2017). In 2007 he co-edited Attachment and Sexuality with Diana Diamond and Sidney J. Blatt. In 2005 he wrote Craft and Spirit: A Guide for the Exploratory Psychotherapies; in 2007 Sensuality and Sexuality Across the Divide of Shame; in 2016 A Developmentalist's Approach to Research, Theory, and Therapy: Selected Papers. His work and life are featured in Psychoanalytic Theory, Research, and Clinical Practice: Reading Joseph D. Lichtenberg, edited by Linda Gunsberg and Sandra G. Hershberg (2016). Currently he is a member of the Program Committee of the American Psychoanalytic Association and Chair of a Two-Day Clinical Workshop illustrative of Self Psychology. He has conducted Skype and Zoom seminars with colleagues in China, Turkey, England and worldwide.*

**Sunday, June 9, 2019**

**9:00-10:00 am: Members' Business Meeting**

**10:00 am-12:30 pm:**

**Deborah Browning, "Letters and watercolors from behind barbed wire. The internment, survival and creativity of Hans Reichel in World War II France"**

The German painter Hans Reichel (1892-1958) was interned in France during WWII in a succession of restrictive situations, including two years in the infamous Gurs camp. This extensively slide-illustrated lecture will tell the story of his five years of war-life, internment and creativity, and also provide some detail about the round-up of Jews from Gurs in the summer of 1942. Making art in concentration and internment camps has been understood as reflecting both an innate press toward identity maintenance under circumstances that strip an individual of virtually all aspects of self and autonomy and also as an urgent need to act as a witness for future generations. Most of the art is representational, often documenting the suffering the individual experienced or observed. The use of abstraction, a rarity, is hypothesized as the painter's quiet protest by painting in a manner consistent with their pre-war style, but also, perhaps, as a way of maintaining distance from the full impact of the imprisonment. Reichel's well-known water-color collection, the *Cahier de Gurs* consists of 42 small, mostly abstract pictures contained in a large 12 page notebook. From that single "document", a fragment of one letter, and others' impressions of him, it has been suggested that he was somehow oblivious to his surroundings, including to the round-up of Jewish prisoners for deportation to Drancy (and ultimately Auschwitz) during the late summer of 1942. My research suggests otherwise; I have located over 40 watercolors created by Reichel during this time, in addition to over 100 letters that he wrote. Reichel was fully aware of the suffering around him, and he sought, both abstractly and representationally, not only to maintain his identity in the grueling situation, but also to witness the

suffering he saw. Other documents provide evidence of Reichel's own near-death from starvation in Gurs, from which he was rescued through the efforts of friends and the social service team working within Gurs. This new information about his near-starvation provides a new perspective on the creation of the *Cahier de Gurs*; the recent discovery of another much smaller watercolor notebook offers evidence of his altruism and generosity.

*Deborah Browning-Schimek, Ph.D., is a clinical psychologist and psychoanalyst and for 20 years was an Adjunct Associate Professor of Psychology in New York University's (NYU) Graduate School of Arts and Science. She first earned an M.A. in historical musicology from NYU, and then earned a Ph.D. in clinical psychology, also at NYU, where she mentored with Bob Holt, mastering his Manual for the Scoring of Primary Process Manifestations in Rorschach Responses, as well as working as his research assistant on his extensive project on Loevinger's Measure of Ego Development. After three years of fellowships at Yale School of Medicine in Inpatient Mental Health (YPI) and Psychiatric Epidemiology, she returned to NYU to teach and later to pursue psychoanalytic training in NYU's Post-doctoral Program. While a psychoanalytic candidate, she received the Patrick Lane Scholar's Grant and the Ruth Stein Award. Dr. Browning has written on ego development, ego psychology, psychosis, and Erikson, as well as publishing two book essays on Laplanche in the Journal of the American Psychoanalytic Association. She has also edited a collection of papers on adolescence (Adolescent Identities. New York: Routledge, 2008) and the collected papers of Jean Georges Schimek (Memory, Myth and Seduction. Psychological Issues, no. 71. New York: Routledge, 2011). With the receipt of an archive of material on the School of Paris painter, Hans Reichel (1892-1958), she has set about to extend the research on his life and work, which includes the preparation of the Catalogue Raisonné of his complete oeuvre, a biography, and a monograph specifically devoted to his wartime art and letters, from which the present lecture is drawn. Dr. Browning has presented her research on Reichel at the College Art Association Annual Convention in New York, at the Conference on Psychoanalysis and the Arts in Florence, Italy, and at NYU's Post-doctoral Program. Her publications on Reichel have appeared in the exhibition catalogue, Color of Silence, from the Museum of Contemporary Art Andros, Greece (2014), and most recently, in the context of Laplanche's thinking on sublimation in American Imago (2018).*

## **Website, Guests, and Dues**

Our website remains <[www.psychomedia.it/rapaport-klein](http://www.psychomedia.it/rapaport-klein)> to review the history of every meeting since the beginning of our group including many of the papers presented at our meetings (this year program's web page is <[www.psychomedia.it/rapaport-klein/june2019.htm](http://www.psychomedia.it/rapaport-klein/june2019.htm)>). If there are any changes in your e-mail address, please notify Paolo at <[migone@unipr.it](mailto:migone@unipr.it)>. Again we expect that some of the papers presented this year will be posted. Any suggestions for improving our website are welcome and should be directed to Paolo.

We need to remind you that dues (\$150) and fees for guests (\$50) need to be paid as soon as possible. Space is limited and we request no more than one guest per member. Kindly email Craig (<[craig.piers@williams.edu](mailto:craig.piers@williams.edu)>) as soon as possible to let us know if you are inviting a guest. Overnight accommodations should be made soon since, as you know, it is busy time of the year in the Berkshires. Members who wish to stay at the *Red Lion Inn* should call 413-298-5545 before May 1 and refer to "Group Reservation no. 388830: Austen Riggs Rapaport-Klein Rooms."

We look forward to seeing you once again and enjoying the weekend together.

Warm regards,  
Craig Piers, Andrew Gerber, and Paolo Migone, *Co-Chairs*